

This Week's Menu...



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves	Porridge Selection of Cereals Eggs, Bacon etc. Toast & Preserves
Op. Extra	Cheese on Toast	Cheese on Toast	Cheese on Toast	Cheese on Toast	Cheese on Toast	Cheese on Toast	Cheese on Toast
LUNCH OPTION 1	Staffordshire Lobby & Crusty Roll	Chicken Kiev, Chips & Peas	Liver & Onions, Mash & Veg.	Chilli Con Carne with rice and sides	Steamed Salmon, Mash, Veg. & Parsley Sauce	Cream of Chicken & Mushroom Pie with Mash and Veg.	Roast Chicken Dinner with all the Trimmings
LUNCH OPTION 2	Fish Cake, Chips & Peas	Vegetable Casserole & Mash	Beef Lasagne with Salad & Home Made Garlic Bread	Cheese Pie with Home-Made Chips & Beans	Corned Beef Hash Veg. & Gravy	Jacket Potato with Tuna Mayo or Cheese & Salad	Ploughman's Lunch
DESSERT OPTION 1	Arctic Roll	Bread & Butter Pudding	Apple & Blackberry Crumble with Custard	Ginger Sponge & Custard	Syrup Sponge & Custard	Banana & Custard	Meringue nests with fruit compote
DESSERT OPTION 2	Bananas & Custard	Fruit & Cream	Semolina	Rice Pudding - with an option of Preserves	Fruit Flan & Cream	Semolina	Rice Pudding - with an option of Preserves
DINNER / TEA	Soup of The Day, Egg on Toast, Selection of Sandwiches	Soup of The Day, Cheese on Toast, Selection of Sandwiches	Soup of The Day, Beans on Toast, Selection of Sandwiches	Soup of The Day, Toasted Teacakes, Selection of Sandwiches	Soup of The Day, Cheese Oatcakes, Selection of Sandwiches	Soup of The Day, Waffles & Beans, Selection of Sandwiches	Buffet Tea
FORKMASH	Skinless Sausage, Mash & Gravy	Creamy Mushroom & Mash	Chicken with Mash, Veg & Sauce or Gravy.	Corned Beef Hash Veg. & Gravy	Poached Fish with Mash & Parsley Sauce	Cheesy Scrambled Eggs and Baked Beans	Macaroni Cheese
DESSERT	Fruit & Cream or Ice Cream	Vienetta	Donuts	Fruit Scones with Jam & Clotted Cream	Jelly & Ice Cream	Arctic Roll	Home-Made Cakes

Refreshment Trolleys throughout the Day will include Tea, Coffee, Milkshakes, Juices, Biscuits, Cakes, Crisps, Yogurts, Jelly & Rice Pudding pots and Fruit options. Trolley times will be at approximately 11:00 & 14:30 however other drinks will be supplied throughout the day and upon request.

Cakes are Home-made, in house each Day. Vegetables (Veg.) will generally be Seasonal.

Soft / Fork Mashable Diets / Fortified - these are tailored to the needs of each person or to order (mashed/de-skinned). Residents on these diets can choose from the menu above in the format of Fork Mashed, Blended (soft) or Fortified though are also welcome to request meals not on the menu for that day.

Please advise the staff of any food allergies or preferences you may have. Your Chef will be happy to cater for any special requests.